November 25, 2026 Journal Entry AUDIO

- **The Concept of Spiritual Resonance Through Written Words:** Describes how Maria Valtorta's writings deeply affect the reader, illustrating the profound impact of spiritual texts on individuals seeking meaning and connection.
- **Jesus' Perspective on Different Types of Seekers:** Highlights Jesus' nuanced view on various types of seekers, emphasizing his compassion for the 'small ones' over the learned and the curious with impure intentions.
- **The Sacrifice of a Spiritual Writer:** Portrays the intense physical and emotional toll of writing divine visions, emphasizing the writer's willingness to endure suffering to share spiritual truths with others.
- **Maria Valtorta's Divine Inspiration and Mission:** Details Maria Valtorta's experience of receiving divine instructions to write, even while engaged in mundane tasks, showcasing her dedication to her spiritual mission.

November 16, 2026 Journal Entry AUDIO

- **The Power of Virtue in Elevation of Marriage:** Describes how Cecilia's virtuous conduct transformed her husband Valerian, illustrating that personal goodness can positively influence others, making marriage a partnership for mutual improvement.
- **The Impact of Faith on Martyrdom:** Chronicles Cecilia's serene acceptance of martyrdom, highlighting her faith's role in transcending physical suffering and maintaining spiritual joy, even in the face of persecution.
- **Early Christian Rome's Social Transformation:** Details the conversion and subsequent lifestyle changes of Valerian and Tiburtius, showcasing the early Christian community's shift towards charity and modesty, reflecting broader social changes.
- **The Role of Music in Christian Devotion:** Notes Cecilia's musical talents and her use of music in worship and teaching, explaining her patronage of music and the spiritual significance of her musical abilities in early Christian practices.

The Sacrament of Marriage as a School for Elevation: Explores Jesus's perspective on marriage as a means for mutual spiritual growth, emphasizing the importance of marriage as a holy and elevating institution rather than a source of corruption.

November 11, 2026 Journal Entry AUDIO

Cecilia's Spiritual Marriage and Conversion of Valerian: Chronicles the profound spiritual journey of Cecilia, a Christian, who, through her unwavering faith, converts her pagan husband Valerian, illustrating the power of love and faith in early Christian times.

The Catacombs and Early Christian Worship: Describes the catacombs as a sacred space for early Christians, detailing the architecture, rituals, and community life, offering a vivid glimpse into the clandestine worship practices of early Christians.

Pontiff's Homily on Virginity and Christian Life: Explores the deep spiritual significance of virginity in Christian life, emphasizing the restoration of purity through faith and the transformative power of divine grace, as articulated by the Pontiff in a moving homily.

Roman Marriage Rituals and Pagan-Christian Dynamics: Provides a detailed account of Roman marriage customs, juxtaposing them with the internal struggle of Cecilia, a Christian, as she navigates her dual identity in a pagan-dominated society, highlighting the tension and eventual triumph of faith.

Cecilia's Heroism and Faith: Celebrates the remarkable courage and devotion of Cecilia, who, despite the risks, dedicates herself to converting her husband Valerian, showcasing her as a symbol of unwavering faith and spiritual purity

October 28, 2026 Journal Entry AUDIO

The Concept of Sin and Divine Occupation: Explores how sin evacuates divine presence but leaves behind a sacred residue, making the human body a haunted house sacred by its past occupancy.

Guardian Angel's Emotional Response to Sin: Describes the guardian angel's feelings of sadness and continued veneration for the sinner, despite the absence of divine presence, drawing parallels to a cherished place now profaned.

Theology of Absence and Vulnerability: Discusses the provocative idea that God is not omnipresent in sinners, instead being expelled like a guest from a desecrated room, suggesting divine vulnerability contingent on human morality.

Angel's Role in Infusing Hope: Highlights the guardian angel's mission to instill hope in the believer, emphasizing the importance of this virtue amidst spiritual struggles and the cross of life.

Visual Imagery of the Guardian Angel: Details the angel's appearance and demeanor, including his kneeling position, emerald robe, and ruby mantle, symbolizing respect, love, and hope.

Maria's Personal Reflection on Loss: Relates Maria's experience of selling a family home filled with memories, paralleling God's and the angel's feelings of sadness and veneration for the sinner.

October 14, 2026 Journal Entry AUDIO

The Spiritual Value of Willing Suffering: Explores the idea that suffering, when embraced out of love, becomes a form of spiritual achievement and a means to divine communion, challenging traditional views on human flourishing.

Hierarchy of Spiritual Love Through Pain: Describes a spiritual hierarchy where those who actively desire and petition for pain, out of love for others, are considered the most spiritually advanced, embodying the essence of Christ's love.

Eternal Time and Suffering: Discusses the concept of experiencing time as an eternal 'now' to endure suffering, aligning oneself with divine time and transforming temporal pain into a spiritual state of eternal bliss.

Divine Command and Human Capacity: Considers the distinction between God's command to endure suffering out of obedience and the counsel of perfection to love suffering, reflecting on human capacity and spiritual growth.

The Role of Love in Suffering: Argues that true suffering arises from love, distinguishing it from mere physical pain, and suggests that love is the genesis of profound spiritual suffering.

September 22, 2026 Journal Entry AUDIO

Theological Verdict on Female Embodiment: Addresses the tension between female embodiment and divine grace, suggesting embodiment is to be transcended rather than celebrated, raising questions about the devaluation of the physical self.

Paradox of Suffering and Divine Love: Explores the concept of suffering as

a channel for divine love, challenging traditional views on merit and productivity, and offering a profound insight into mystical spirituality.

Christ's Program of Suffering for the Priesthood: Outlines a detailed plan of suffering for the spiritual well-being of various groups, emphasizing the critical role of the priesthood in spiritual life and the consequences of their neglect.

Divine Love and Human Suffering: Describes Jesus' intimate and tender approach to suffering, comparing His embrace to a mother's, and highlighting the transformative power of divine love in the face of human affliction.

September 17, 2026 Journal Entry AUDIO

Spiritual Preparation for Marriage: Discusses the importance of spiritual preparation in marriage, contrasting marriages based on sensuality and self-interest with those rooted in divine purpose, highlighting the latter's sanctity and the former's destructive potential.

Cost of Love and Redemption: Explores the journey from a flawed understanding of love to a deeper, more meaningful connection, emphasizing the transformative power of recognizing and amending past mistakes.

Divine vs. Bestial Marriage: Compares marriages that honor divine purpose with those driven by base desires, arguing that the former elevates human dignity while the latter degrades it, impacting not just individuals but society at large.

Impact of Marriage on Society: Suggests that marriages lacking divine guidance can lead to broader societal issues, including the erosion of national structures and world peace, underscoring the critical role of spiritual foundation in familial units.

Role of Angels in Marriage: Mentions angels' supportive role in marriages that align with divine will, contrasting it with the influence of evil when marriages are based on selfish motives, highlighting the spiritual dimensions of marital unions.

August 26, 2026 Journal Entry AUDIO

Obedience as a Christian Virtue: Jesus emphasizes obedience as a virtue that leads to redemption and perfection, contrasting it with secular interpretations and highlighting its role in Christian salvation and moral development.

Guilt by Association in Modern Thought: The text questions the fairness of holding individuals accountable for actions of others based on

shared characteristics, such as race or cultural background, and explores the implications of this concept in contemporary social movements.

The Role of Prayer in Society: Jesus discusses the importance of prayer, especially through cloistered convents and individual acts of devotion, as a means to honor, appease, and beseech God, and to support the Church and humanity.

Religion vs. Secular Rules: The entry contrasts traditional religious teachings with modern secular commandments, suggesting that both create rules and systems of compliance, but religion offers a deeper spiritual foundation.

The Nature of True Religion: Jesus defines religion as following God's Law and transforming humanity, not just through rituals and practices, but by living a life of virtue and obedience, emphasizing the importance of faith and understanding.

August 19, 2026 Journal Entry AUDIO

The Concept of Grace and Human Redemption: Discusses how grace can transform humans from beasts to spiritual beings, emphasizing its power to overcome concupiscence and achieve divine likeness.

The Nature of Evil and Its Origin: Explores the origin of evil through Lucifer's fall and its subsequent influence on humanity, highlighting the serpent's role in the fall of Adam and Eve.

The Comparison Between Ancient Heroes and Christian Martyrs: Questions why people readily believe in the virtues of ancient heroes but doubt the supernatural virtues of Christian martyrs, urging a reevaluation of faith.

The Importance of the Soul in Divine Communication: Stresses the significance of the soul in understanding divine truths, suggesting that a living soul can converse with God and receive heavenly wisdom.

The Role of Children in Divine Joy: Highlights the joy that children bring to Jesus, emphasizing the importance of maintaining a childlike faith and trust in divine matters.

August 6, 2026 Journal Entry AUDIO

The Martyrdom of St. Phenicula: Describes the intense suffering and unwavering faith of St. Phenicula, a lesser-known Christian martyr, and her friend Petronilla, illustrating the power of prayer and devotion.

Jesus' Teachings Through Martyrdom: Jesus uses the story of St. Phenicula and Petronilla to impart lessons on faith, obedience, and the im-

portance of using one's life for good, emphasizing the role of prayer and sacrifice.

Obedience and Spiritual Guidance: Highlights the importance of obedience to divine guidance, as seen through Jesus' instructions and the spiritual journey of the narrator, Maria, who receives visions and teachings.

The Power of Female Friendship in Faith: Explores the deep spiritual bond between Petronilla and Phenicula, demonstrating how their friendship and shared faith strengthened their resolve and devotion.

Historical Vision and Christian Doctrine: Offers a vivid historical vision of early Christian life and martyrdom, blending it with Christian doctrine to provide spiritual teachings and encouragement.

July 16, 2026 Journal Entry AUDIO

The Concept of Love in Martyrdom: Explains how Perpetua's love for her faith and her child transcends earthly bonds, illustrating a profound commitment to a higher purpose that even her father cannot sway.

The Vision of St. Perpetua's Martyrdom: Describes a vivid and emotional account of Perpetua's martyrdom, showcasing her strength and the love she has for her child and faith, despite the brutal circumstances.

The Role of Women in Early Christianity: Highlights the significant role of women like Perpetua and Felicita in early Christian martyrdom, emphasizing their courage and devotion to their faith.

The Impact of Martyrdom on Converts: Suggests that the powerful and pure love displayed by martyrs like Perpetua could convert even the most hardened hearts, including those of their persecutors.

The Physical and Social Context of Early Christian Martyrs: Provides insight into the physical appearance and social background of early Christian martyrs, challenging preconceived notions of their ethnicity and status.

July 13, 2026 Journal Entry AUDIO

The Concept of Free Will and Spiritual Freedom: Discusses the importance of free will and how it connects to spiritual freedom and the ability to emulate divine perfection through charitable and just actions.

The Oppression of Free Thought by Evil Forces: Explores how entities described as forerunners of Satan oppress human thought and free will, contrasting this with Jesus's loving commandments that do not force obedience.

The Distinction Between Divine and Satanic Influence: Highlights the dif-

ference between divine influence, which encourages free will and love, and satanic influence, which imposes cruel obligations and enslaves individuals.

The Warning Against the Beast and Babylon: Warns against aligning with the Beast and Babylon, emphasizing the need to separate from their laws to avoid a tragic destiny and to prepare for a future holy Jerusalem.

July 8, 2026 Journal Entry AUDIO

The Concept of God's Judgment and Salvation: Discusses the impending judgment and salvation, emphasizing vigilance, prayer, and authentic Christian living as the only means to salvation, while condemning hypocrisy and corruption.

Prophecies and Their Modern Interpretations: Explores detailed biblical prophecies from various books and their application to modern times, including World War II and its aftermath, highlighting the urgency of spiritual awakening.

The Role of Nature in Divine Punishment: Describes how natural disasters and famines, caused by human actions and divine will, serve as punishments and selections between the faithful and the wicked, emphasizing the interconnectedness of human and natural suffering.

The Final Triumph of the Church: Envisions the ultimate triumph of the Church, free from deceit and idolatry, with a return to true Christian values, emphasizing the purification and spiritual renewal of the faithful.

The Coming of the Antichrist and the Last Days: Addresses the rise of the Antichrist and the events leading to the end times, with a focus on the moral and spiritual decay paving the way for this apocalyptic figure.

July 7, 2026 Journal Entry AUDIO

The Concept of Baptismal Whiteness and Its Corruption: Discusses the purity of the soul post-baptism and how earthly influences can corrupt this purity, emphasizing the importance of spiritual reflection and the consequences of sin.

The Role of Carnality in Diminishing Spiritual Light: Explores how earthly desires and physical concerns overshadow spiritual growth, leading to a darkening of the soul and a risk of eternal spiritual death.

Jesus's Perspective on Sin and Redemption: Provides insight into Jesus's views on sin, emphasizing that true sin offends God and the soul, while also offering hope through redemption and forgiveness for those who

seek it.

The Comparison Between Earthly and Eternal Riches: Highlights the contrast between earthly wealth and the spiritual riches that endure, urging a focus on the latter to achieve true, eternal life.

The Sons of God and Their Moral Responsibility: Examines the concept of humans as sons of God and the moral implications of this belief, linking it to the story of the Watchers and the flood of Noah.

July 6, 2026 Journal Entry AUDIO

The Concept of Human Memory and Reflection on Past Relationships: Reflects on the complexity of human memory and the role of past relationships in shaping one's outlook, especially as one ages and prepares for death, with a focus on forgiveness and self-forgiveness.

Jesus' Perspective on Human Rebellion and Divine Mercy: Explores Jesus' view on human rebellion against divine guidance, emphasizing the importance of humility, resignation, and seeking divine mercy to transform evil into good.

The Role of Faith in Overcoming Trials: Discusses the power of true faith in overcoming life's adversities, highlighting the need to open the doors of divine mercy and close those of divine justice through acts of charity and service.

The Denial of Divine Authority and Its Consequences: Addresses the denial of divine authority and the consequences of choosing earthly desires over spiritual guidance, leading to a deeper entanglement with evil and suffering.

The Importance of Prayer and Sacrifice in Guiding Others Back to God: Stresses the importance of using prayer and sacrifice to guide others back to God, without judgment, to bring joy to the divine and to the heavens.

July 4, 2026 Journal Entry AUDIO

The Concept of Faith and Its Consequences: Discusses how Peter's limited faith led to denial, contrasting with John's unwavering acceptance, highlighting the importance of faith in facing difficult truths.

Jesus' Teaching Through Peter and John: Explores Jesus's use of Peter and John as examples, emphasizing the significance of faith and courage in following divine will, despite human limitations.

The Transformation of Jesus' Role Through Sacrifice: Describes Jesus's transformation through his sacrifice, taking on sovereignty over all, and the profound impact of his martyrdom on humanity's spiritual life and

death.

The Journey from Innocence to Worldly Love: Reflects on the narrator's journey from innocent love to worldly lust, expressing a desire to return to a pure, Godly love through reading and understanding divine words.

The Nature of Divine Love and Individuality: Considers the unique reasons for Jesus's love for Peter and John, prompting introspection on the individual qualities that make each person special in God's eyes.

July 3, 2026 Journal Entry AUDIO

The Concept of Faith as a Circle Without Interruption: Describes faith as an unbroken circle that surrounds believers, emphasizing that breaking it through pride or disbelief leads to spiritual ruin and separation from divine truth.

The Consequences of Partial Acceptance of Truth: Warns against selecting parts of divine teachings for convenience, highlighting that rejecting any part of the doctrine can lead to spiritual chaos and collapse of faith.

The Importance of Unconditional Acceptance of Jesus' Word: Stresses the necessity of accepting Jesus' teachings without criticism, relying on faith where understanding fails, and the assurance of divine goodness and justice in those teachings.

The Role of Love in the Holy Trinity: Explains that loving one part of the Trinity without the others is incomplete faith, emphasizing the interconnectedness of God, Christ, and the Holy Spirit in generating and sustaining love and redemption.

The Impact of Sight and Reading on Spiritual Understanding: Reflects on the importance of sight and the ability to read in gaining spiritual knowledge and experiencing divine love, expressing gratitude for these gifts.

July 2, 2026 Journal Entry AUDIO

The Concept of Eternal Marriage Teachings vs. Modern Adaptations: Explores the tension between adhering to ancient religious principles of marriage and adapting them to contemporary societal challenges, highlighting the need for a balance between reverence and empathy.

Divine Marriage vs. Human Legislation: Discusses the idea that marriage is a sacred institution with a divine aspect that transcends human laws, emphasizing the moral framework it provides and the challenges of applying ancient principles in modern contexts.



Jesus's Views on Adultery and Family: Outlines Jesus's strict stance on marriage and adultery, emphasizing the sanctity of marriage and the consequences of breaking marital unions, including the impact on children and the soul.

The Impact of Lust on Societal Ruin: Describes how individual vices, particularly lust, can lead to broader societal and national destruction, connecting personal moral failings to larger historical and political consequences.

June 23, 2026 Journal Entry AUDIO

The Divine Nature of Obedience: Describes how obedience is a virtue unique to Jesus, illustrating its importance through his example of becoming incarnate, remaining poor, and accepting death, emphasizing that obedience is a personal act of will.

Obedience as a Path to Friendship with the Holy Trinity: Explains that by obeying, one can become friends with Jesus, Mary, and Joseph in this life and in Heaven, highlighting the significance of obedience in spiritual relationships.

The Process of Receiving Divine Instructions: Details the author's experience of receiving and writing down divine messages, including the physical and mental states involved, and the contrast between personal meditations and divine teachings.

The Impact of Divine Communication on Daily Life: Discusses how the author's daily activities, reading habits, and social interactions are affected by her spiritual experiences, emphasizing a preference for solitude and divine company over mundane conversations.

The Role of Obedience in Spiritual Growth: Highlights the importance of obedience in spiritual development, contrasting it with the value of words and emphasizing that obedience is a personal and valuable act that can make one like Jesus.

June 20, 2026 Journal Entry AUDIO

The Concept of God's Justice and Human Destiny: Discusses the complex relationship between God's justice and human destiny, emphasizing that God's ways are beyond human comprehension and that suffering can be a form of divine medicine for the soul.

The Role of Free Will in Divine Providence: Explores the balance between divine sovereignty and human free will, highlighting that while God has a plan, humans have the freedom to choose their path and can alter their destiny through repentance and faith.



The Healing Power of Christ's Blood: Describes Christ's blood as a holy medicine that heals wounds, overcomes illness, and provides strength, emphasizing its transformative power for believers.

The Impact of Pain on Spiritual Growth: Analyzes how different individuals react to pain based on their spiritual state, suggesting that those closer to the light embrace pain as a means of spiritual growth and purification.

The Importance of Open-Mindedness in Faith: Encourages readers to approach spiritual texts with an open mind, suggesting that receptivity and willingness to believe can lead to a deeper understanding and transformative experience.

June 18, 2026 Journal Entry AUDIO

The Concept of Sharing Spiritual Wealth: Jesus emphasizes the importance of sharing intellectual and spiritual wealth with others, highlighting that true wealth should be circulated among all, not hoarded by individuals, and that selfishness can lead to spiritual maladies.

The Struggle of Conviction in Faith: The author's journey with faith and the Poem of the Man-God, detailing the emotional and transformative experience of reading and the desire to share this experience with others, despite facing indifference and hostility.

The Parable of the Rich Young Man: Jesus uses the parable to explain the deeper meaning of giving up wealth, including intellectual wealth, and how this relates to spiritual growth and the importance of sharing one's insights with others.

The Greed for Mercy and Its Consequences: Jesus discusses the negative impact of being greedy for mercy and spiritual wealth, emphasizing that such greed limits one's ability to perceive divine inspirations and reach Heaven, leading to a life saved from Hell but with minimal grace.

The Importance of Making Reparation: Jesus mentions the need to make reparation for others, specifically for a weak soul who lost her vocation due to human considerations, and the value of even a single tear offered in prayer for this purpose.